

## Community Resources

### Behavioral Health Resources

CSB Warsaw Counseling Center.....804-333-3671  
Warsaw: Mary Sudduth LCSW.....804-472-3706  
Merlin R Steider LCSW.....804-313-2030  
Tappahannock: Allen F. Kleinkopf PH.D.....804-282-1331  
Connie Gardner LPC.....804-445-8020  
Aylett: Annie M. Allen LPC.....804-769-1991  
West Point: Brad Skelding LCSW.....804-854-1961  
Kilmarnock: Merlin R. Steider LCSW.....804-210-1104  
Eva Able, PsyD.....804-435-5082  
Andrea T. Latell LPC.....804-435-7355  
Andrew J. Billups PsyD.....804-435-6777  
Colonial Beach Sonya Stagnoli LP.....804-224-3547  
COPE Crisis Line-.....804-693-2673  
Warsaw.....800-542-2673  
King George.....540-775-9879  
Rappahannock Area C.S.B.

### DOMESTIC VIOLENCE ASSISTANCE

The Haven Shelter: Warsaw-Hotline:.....800-224-2836  
[www.havenshelter.org](http://www.havenshelter.org)  
Victim Information and Notification Everyday (VIN).....  
.....1-800-467-4943  
Virginia Family Violence/ Sexual Assault Hotline-.....  
.....1-800-838-8238  
Avalon Center..... 757-258-5051  
First Step: A Response to Domestic Violence  
.....800-578-3433  
Project Hope.....804-966-8732  
Empower House-----540-373-9373  
King George

### Mental Health Services

#### Community Services Boards:

Gloucester .....804-693-5057  
.....800-639-9668  
Warsaw.....804-333-3671  
.....800-639-9882  
King William .....800-639-4882  
King George..... 540-373-3223  
Middle Peninsula/Northern Neck.....804-758-5314  
NAMI Mid-Tidewater.....804-684-1480  
.....namimiddtidewater@gmail.com

#### Substance Abuse/Prevention

Narcotics Anonymous.....800-777-1515  
Addiction Helpline .....800-559-9503  
National Center for Substance Abuse.....800-662-4357

### Crisis/Help Hotlines

Suicide Hotline .....800-784-2433  
National Runaway Switchboard .....800-621-4000

Virginia Missing Children's Clearinghouse 800-822-4453  
Nat'l Suicide Prevention Lifeline (Vets press '1')  
800-273-8255

### Children

Child Protective Services ..... 800-552-7096  
Child Support Enforcement .....800-468-8894

### Social Services/Social Security

Essex: .....804-443-3561  
Gloucester:..... 804-693-2671  
Lancaster: .....804-462-5141  
King George: .....540-775-3544  
King & Queen: .....804-785-5977  
King William: .....804-769-4914  
Mathews: .....804-725-7192  
Middlesex: .....804-758-2348  
Northumberland: .....804-580-3477  
Richmond:.....804-333-4088  
Westmoreland: .....804-493-9305

### HEALTH CARE RESOURCES

Northern Neck Free Health Clinic.....804-435-0575  
Donated Dental of Virginia.....804-264-9010  
King & Queen Health Dept: .....804-785-6154  
Richmond County Health Dept.:.....804-333-4043

### HOSPITALS

Riverside Tappahannock Hospital.....804-443-3311  
Rappahannock General Hospital.....804-435-8000

### SHELTERS (DV= Domestic Violence)

The Haven (Primarily DV Shelter).....804-333-9344  
Richmond Area Shelters:  
Catholic Charities \*\*Homeless Point of Entry\*  
.....804-648-4177  
Crisis Assistance Response Emergency Shelter Inc.  
(CARES)(women and children).....804-861-0849  
HomeAgain:.....804-358-7747  
Salvation Army.....804-225-7470  
St. Joseph's Villa (mothers and children.....804-455-3325  
The Healing Place(for homeless persons with substance  
abuse issues).....804-230-1217  
YWCA (Primarily DV Shelter).....804-643-0888  
Hampton/Newport News Area Shelters:  
\*\*United Way First Call\*\*.....757-594-4636  
Home Base of the Peninsula.....757-825-9485  
Avalon(Williamsburg-Primarily DV Shelter)  
.....757-258-5051  
Hampton Friends of the Homeless.....757-928-0012  
Hampton Ecumenical Lodging and Provisions (HELP)

.....757-727-2577  
Peninsula Rescue Mission (7 days).....757-380-6909  
Transitions (DV Shelter).....757-723-7774

**FOOD AND CLOTHING PANTRIES**

Al-Anon/AlaTeen Statewide .....888-425-2666  
Alcohol Drug Treatment .....800-454-8966  
*\*\*CENTRAL VIRGINIA FOOD BANK-*  
They will find a local food distributor near you\*  
.....804-521-2500  
Buelah Baptist Clothes Closet.....804-333-3706  
Kilmarnock Baptist.....804-435-1703  
New Friendship Baptist Church.....804-580-2127  
Northern Neck Food Bank.....www.nnfb.org  
.....804-577-0246  
Shiloh Baptist Church.....804-453-3074  
White Stone United Methodist.....804-453-3555

Warsaw United Methodist.....804-333-3220

**Veterans Employment and Benefit Services:**

VA Dept. of Veteran Services, Richmond:.. 804-786-0286  
American Legion, Richmond:..... 804-353-6606  
.....www.vailegion.org  
Disabled American Veterans, Statewide: ....540-206-2575  
Dept. of Veterans Affairs, Statewide: .....800-827-1000

**TRANSPORTATION**

BayTransit.....877-869-6046  
Medicaid Transportation.....866-386-8331

**Legal Assistance**

VA Legal Aid.....1-866-LEGLAID (1-866-534-5243)  
Rappahannock Legal Services..... (804) 443-9393